

Trail Etiquette

■ PLAN AHEAD

Check out rules and regulations for the area. Take a map and plan your trip before you go.

Let someone know where you are going and when you plan to return.

Prepare for all types of weather. Take plenty of water and sunscreen.

■ BE CONSIDERATE OF OTHER TRAIL USERS

Be courteous and yield to other trail users.

When encountering equestrians, step to the downhill side of the trail. Avoid making sudden movements or loud noises.

■ STAY ON THE TRAIL

Stay on designated trails. Do not cut switchbacks.

■ DISPOSE OF WASTE PROPERLY

Pack it in, pack it out.

Please use the restroom at the trailhead.

■ LEAVE WHAT YOU FIND

Leave all rocks, plants, and other natural objects undisturbed.

Do not remove or damage historical structures and artifacts.

Equestrians

Use certified, weed-free hay to prevent the spread of noxious weeds and exotic plant species.

Remove or scatter manure and excess hay.

Stay on trails and travel in single file to minimize impact.

Avoid riding horses on muddy trails. Deep holes lead to erosion.

Bikers

Wear a helmet.

Ride in the middle of the trail to prevent widening.

Yield and use caution when approaching stock animals. Do not make sudden movements or loud noises, which may startle the animals.

Yield to hikers, other bikers, and equestrians, and any users traveling uphill.

Always be in control of your bike.

Respect Wildlife

Enjoy and observe wildlife from a distance. Never follow, approach, or feed wildlife.

Keep pets on a leash and under control at all times to avoid conflicts with animals and other trail users.

Rules at a Glance

This trail is shared by hikers, bikers, and equestrians. Please be aware of following regulations to ensure everyone’s visit is pleasant:

Dutch Hollow Road is open to street legal vehicles.

Off-highway vehicles, ATVs and dirtbikes are not allowed in the canyon.

Hunting is allowed. Refer to proclamation for more information.

The canyon is open to day-use only. Overnight camping is prohibited.

No fires.

Please keep dogs leashed and in control at all times.

Please stay on designated trails.

Adopt-A-Trail

Contact Wasatch Mountain State Park Visitor Center if interested in helping to maintain these trails.

Address inquires to:

Wasatch Mountain State Park
PO Box 10
Midway, UT 84049-0010
(435) 654-1791 (Visitor Center)

Utah State Parks and Recreation
PO Box 146001
Salt Lake City, Utah 84114-6001
(801) 538-7220
(801) 538-7239 (TTY)
www.stateparks.utah.gov



Utah State Parks mission . . .

To enhance the quality of life through outdoor recreation, leisure and educational experiences.



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Wasatch Mountain State Park



Dutch Hollow Trails

Dutch Hollow Trails

Symbols suggest recommended users. Trails are open to all users. Difficulty rating system is based on mountain bikers.


■ **SAGE**   
Distance - 2 miles
Difficulty - Easy for hiking, more difficult for mountain bikes. Single track, some technical sections. Some shade.




■ **DUTCHMAN WAY**   
Distance - 1.5 miles
Difficulty - Easy. Sandy sections make travel difficult for mountain bikes. Very little shade.

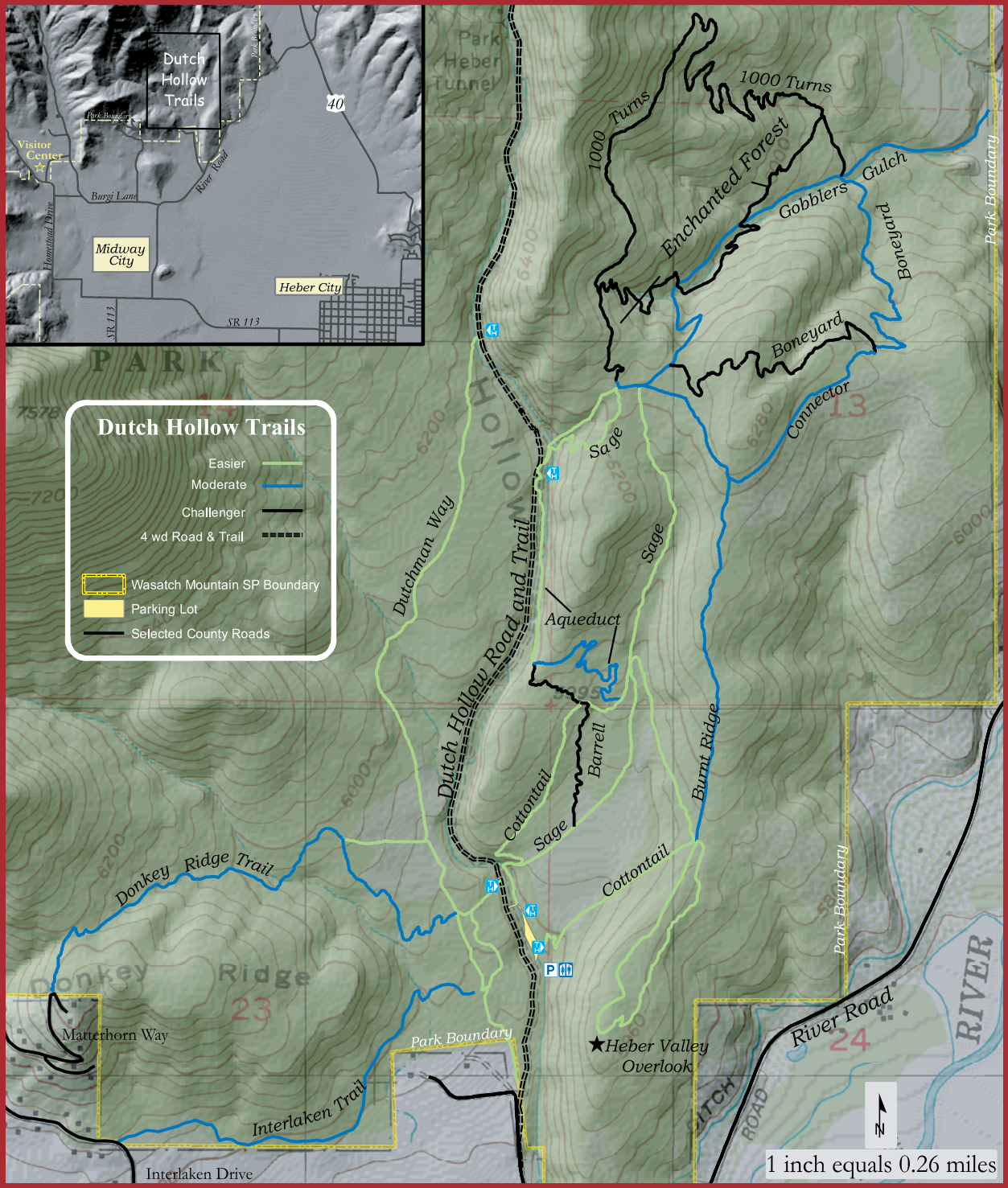
■ **COTTONTAIL LOOP**   
Distance - 1.5-mile loop
Difficulty - Easy. Some technical sections. No single track. Offers views of the valley. Some shade.



■ **BURNT RIDGE**   
Distance - .5 mile
Difficulty - More difficult. Access trail via Cottontail or Sage loops. Trail follows ridge and overlooks Heber and Jordanelle valleys.

■ **INTERLAKEN**  
Distance - 1 mile one-way
Difficulty - More difficult. Technical trail, single track with bridges near Interlaken Estates. Trail ends on private property.


■ **DONKEY RIDGE**   
Distance - 1.5 miles one-way
Difficulty - More difficult. Trail accesses Donkey Ridge near Interlaken. Trail ends on private property. Little shade. Connects to Dutchman Way Trail.

■ **HEBER VALLEY OVERLOOK**   
Distance - 1 mile
Difficulty - Easy. Trail overlooks the Provo River, Heber Valley and Midway Valley, with great views of Timpanogos. Education panel located .5 miles from start of loop.





■ **ENCHANTED FOREST**  
Distance - 1.1 mile section
Difficulty - Most difficult. Trail is not recommended for horses due to narrowness of the trail and height restrictions. Part shade.

■ **GOBBLERS GULCH**   
Distance - 1 mile section
Difficulty - More difficult. Trail follows gully to park boundary. Steep climb. Part shade.

■ **DUTCH CANYON ROAD**   
Distance - 4 miles
Difficulty - Easy. Wide, rocky, dirt road with gradual climb through canyon. Some shade.

■ **AQUEDUCT**  
Distance - 1 mile section
Difficulty - More difficult. Single track trail follows ledge. Very little shade.



■ **1000 TURNS**  
Distance - 1.5 mile section
Difficulty - Easy to more difficult. First section follows contour trail, then has a smaller section of technical turns. Some shade. This trail is not recommended for horses due to trail size and height restrictions.

■ **THE BONEYARD**  
Distance - 1 mile section.
Difficulty - Most difficult. Named Boneyard for obvious reasons, this trail has very steep sections. Visitors are warned to use extreme caution on this trail.

■ **THE BARREL**  
Distance - .5 mile
Difficulty - Most difficult. Trail follows a steep drainage down and intersects Cottontail Loop. Downhill traffic only. Very technical, experts only.